

Athena Weston School District

Oct-17

BREAKFAST / LUNCH MENU

Weston Middle School

Elementary Breakfast 7:25 to 7:55 am

Weston Breakfast

7:25am - 7:55am

High School 7:40 - 8:00

For Lunch and Breakfast students are offered a variety of milk, fruit, veg. meat/alternative and grains

Menu's are subject to change based on availability.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2-Oct <u>Breakfast Rounds</u> Chicken Sandwiches WG Bun & Baked Fries Green Salad Applesauce & Milk	3-Oct <u>WG Muffin & Cereal</u> Chicken Gravy Mashed Potatoes WW Roll, Green Salad Veg Bar Melon Slices & Milk	4-Oct <u>Cheesey Quesidilla</u> Spaghetti w Meat Sauce Bread Sticks Green Beans, carrots Melon Slices & Milk	5-Oct <u>WG Pancakes</u> Turkey Gravy & B Rice WG Bread Green Salad & Veggie Bar Peaches & Milk	6-Oct <u>Yogurt & Crackers</u> Tomato Goulash w WG Noodles Green Salad & Veggie Bar Melon Slices & Milk
9-Oct <u>Bagel & Cream Cheese</u> Pizza Green Salad Melon Slices Milk	10-Oct <u>MINI PBJ & Cereal</u> Corn Dog with Tater Tots, Beans Green Salad & Veggie Bar Apple & Milk	11-Oct <u>Breakfast Stick</u> Ground Beef Stroganoff WG Bread Stick Green Beans Peaches & Milk	12-Oct <u>Breakfast Pizza</u> Turkey & Cheese Bagel Melt Jiggling Jell-o / WG Cookie Melon Slices & Milk	13-Oct Professional Day No Students
16-Oct <u>Breakfast Rounds</u> Bean & Cheese Burrito Brown Rice Green Salad, Salsa, Olives Melon Slices & Milk	17-Oct <u>WG Muffin & Cereal</u> Toasted Cheese Sand Tomato Soup Veggie Bar Orange Quarters & Milk	18-Oct <u>Cheesey Quesidilla</u> G Beef Taco Salsa, Olives, Romaine Applesauce Cookie & Milk	19-Oct <u>WG Pancakes</u> Chicken Tenders Potatoe Wedges Green Salad w veggie bar Melon Slices & Milk	20-Oct <u>Yogurt & Crackers</u> Ham & Cheese Melt WG Hoagie Roll Broccoli Salad Pears & Milk
23-Oct <u>Bagel & Cream Cheese</u> Cheese Burger Baked Fries Romaine, Carrots, Tomato Applesauce & Milk	24-Oct <u>Mini PBJ & Cereal</u> Chicken Nuggets Potato Wedges WG Bread, Apple & Milk	25-Oct <u>Breakfast Stick</u> Spaghetti w Meat Sauce WG Bread Green Beans Mandarin Oranges & Milk	26-Oct <u>Breakfast Pizza</u> Turkey Gravy & B Rice Potatoes WG Bread Veggie Bar Pears & Milk	27-Oct Conferences No School
30-Oct <u>Breakfast Burrito</u> Pizza Broccolie Salad Peaches Milk	31-Oct <u>Wg Muffin & Cereal</u> PBj or Turkey Sub with Cheese WG Chips Applesauce & Milk	1-Nov <u>Cinnamon Roll & Cereal</u> Chicken Gravy Potatoes, Bread Stick Green Beans Orange Quarters & Milk	2-Nov <u>WG Pancakes</u> Chicken Nacho WG Corn Chips Veggie Bar Milk	3-Nov <u>No School</u> Conferences
<i>USDA and this institution are equal opportunity providers.</i>				

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Weston Middle School

Elementary 7:25 to 7:55 Weston Br 7:25am - 7: High School 7:40 - 8:00

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Breakfast Roll WG Muffin Cheesey Q WG Pancak Yogurt & Crackers

Chicken San Chicken Grav, Spaghetti w N Turkey Grav Tomato Goulash

WG Bun & Ba Mashed Potato Bread Sticks WG Bread w WG Noodles

Green Salad WW Roll, Gree Green Beans, c Green Salad & \ Green Salad & Veggie Bar

Melon Slices & Melon Slices & Peaches & Milk Melon Slices & Milk

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Bagel & Cr MINI PBJ & Breakfast Stic Breakfast Pizza

Pizza Corn Dog wi Ground Bee Turkey & Ch Professional Day

Green Salad Tater Tots, Bea WG Bread Stick Bagel Melt No Students

Melon Slices Green Salad & \ Green Beans Jiggling Jell-o / WG Cookie

Milk Apple & Milk Peaches & Milk Melon Slices & Milk

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Breakfast Rour Muffin & Ceesey Quesic /G Pancake;urt & Crackers

Bean & Che Toasted Che G Beef Tac Chicken Te Ham & Cheese Melt

Brown Rice Tomato Soup Salsa, Olives, R Potatoe Wedge WG Hoagie Roll

Green Salad, Sa Veggie Bar Applesauce Green Salad w \ Broccoli Salad

Melon Slices & I Orange Quarter Cookie & Milk Melon Slices & Pears & Milk

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Bagel & Creamini PBJ & Cere eakfast Stic Breakfast Pizza

Cheese Burger **Chicken Nuggets** **w Meat** Turkey Gra Conferences

Baked Fries **Potato Wedges** **WG Bread** **atoes** **WG Bre**: No School

Romaine, Carrots, To WG Bread, Green Beans Veggie Bar

Applesauce & Mi Apple & Milk **Mandarin Orar** **Pears & Milk**

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Breakfast Burr Muffin & Cemon Roll & WG Pancak No School

Pizza **PBJ or Turke** **Chicken Gra** Chicken Na Conferences

Broccolie Salad with Chees Potatoes, E WG Corn Chips

Peaches WG Chips Green Bear Veggie Bar

Milk lesauce & e Quarters { Milk

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